



Our Colleague Health and Wellbeing Offer

Spotlight on: Physical Health

Our Purpose is to **Make the World a Better Home**, and one of the ways that we are achieving Our Purpose is by creating a safe and healthy environment that keeps our colleagues' safety and wellbeing a priority in all that we do.

We achieve this through our through our Principles of Conduct and Action: Caring for Health and Safety; Through our Health Policy; through our EHS Policy, and through HICE, a key performance indicator for effective industrial hygiene management.

Below we are spotlighting some of the ways we help you care for your physical health and wellbeing.



You may have seen Benenden Health advertised on Channel 4 and thought, wouldn't it be good if Saint-Gobain offered that?

Well... we do!

Benenden offer a high quality, private healthcare benefit designed to complement the services provided by the NHS. You can enjoy access to Benenden Health's Services from the 1st of the month following sign up instead of the typical six month period, and the cost of your cover is subsidised by Saint-Gobain. You can even add immediate family, including children, who live at the same address to your plan.

To learn more and to sign up, visit [bubble](#) and select 'benefits', then 'Healthcare Cover (Benenden)'.

Health Cash Plan - BHSF

BHSF - Birmingham Hospital Saturday Fund is a health cash plan which enables you to claim cash back on dental, optical and therapy treatments, plus much more.

As an added benefit of this offer being available through Saint-Gobain, the normal 13 week waiting period will not apply to you and if you are transferring from one of our existing hospital cash plans the two year waiting period will not apply either.

To learn more and to sign up, visit [bubble](#) and select 'benefits', then 'Health Cash Plan (BHSF)'



The AXA Health app can help you make big changes to your health and wellbeing by taking small steps to improve your lifestyle. It's free for you to download and use - just add your businesses access code for even more content!

You'll have access to all of this, all from the palm of your hand...

- » Content and programmes designed to help you build healthy habits that last
 - » Guidance and coaching from the experts
 - » Services and support at your fingertips
 - » Health age and mental wellbeing assessments

We also have a written guide available for you, which you can access by clicking [here](#)

To download the app, visit the **App Store** or **Google Play** store and search AXA Health App, or scan the QR codes here:



Your access codes are available [here](#)

Our Occupational Health, Industrial Hygiene and Wellbeing Offer



We're offering over 50 services through four dedicated healthcare partners, tailored to you.



- HEALTH ENGAGED** Understanding your health needs, and ensuring you are engaged with the occupation health and wellbeing culture of Saint-Gobain
- HEALTH AWARE** Supporting your health at work and helping you to understand how to manage your health while at work and being aware of the support available
- HEALTH MANAGED** Helping you to stay well through assessments and enabling access to general health and wellbeing support and guidance.
- HEALTH MONITORED** Keeping an eye on your health at work by ensuring you are provided with enhanced support, health monitoring and surveillance if this is needed for your role.

Watch our video explaining the offer in more detail [here!](#)

For further support and resources, you can visit the EHS Hub or reach out to your local EHS Partner